

# *Curriculum Vitae*

## Robert L Bray

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### Formal Education

**Ph.D. in Psychology** with emphasis on Marriage and Family Therapy, United States International University, San Diego. June 1993

**Masters of Social Work**, Aging Concentration, School of Social Work, San Diego State University. May 1979

**A.B. in Social Welfare**, San Diego State University. May 1975

### Research and Publications

Bray, R.L., and Yockim, J.C. 1979 "The Effects of Federal Grants Upon Organizational Decision Making". Master's Research Essay, School of Social Work, San Diego State University.

Bray, R.L. 1993. "The Concepts of Justice in the Family as Reflected in the Relational Ethics Scale, The Family of Origin Scale, and the Just World Scale." Ph.D. dissertation, United States International University, San Diego CA

Bray, R. L. 1994. Review of Clinical Approaches to Sex Offenders and Their Victims. Edited by Clive R. Hollin and Kevin Howells. Journal of Traumatic Stress. Volume 7, Number 3, 499.

Bray, R. L. 2006. "Thought Field Therapy: Working Through Traumatic Stress Without the Overwhelming Responses" in **Trauma Treatment Techniques Innovative Trends** Edited by Garrick, J. and Williams, MB,. Haworth Press, NY

Bray, R. L. 2007 "What's this Tapping Stuff? Thought Field Therapy and Energy Psychology in the Big Picture" in Selected Abstracts From the 9<sup>th</sup> World Congress on Stress, Trauma and Coping. **International Journal of Emergency Mental Health** Volume 9 No. 1 P.67

**Bray, R. L. 2009 No Open Wounds – Heal Traumatic Stress NOW:  
Complete Recovery from Traumatic Stress with Thought Field Therapy.**

Robertson Publishing, Los Gatos, California

## **Professional Licenses and Certifications**

### **•Thought Field Therapy-**

Causal Diagnosis Training Oct. 1996  
Registered Certified Trainer Oct. 2007  
Advanced DX – Oct 2008  
Voice Technology – Aug. 2010

### **•California Licensed Clinical Social Worker**

License number LCS10054. April 1983 – current

### **•Certified Trauma Specialist by Association of Traumatic Stress Specialist.**

Certification number 0292-1022, February 1992 – expires Jan 2017

### **•Diplomate, Comprehensive Energy Psychology –DCEP Jan. 22, 2015 – Dec. 31, 2016 by Association for Comprehensive Energy Psychology.**

### **•Eye Movement Desensitization and Reprocessing (EMDR)**

Level II completed 1993

### **•One-Eye Integration Trauma Therapy, Levels I and II, Oct. 2008**

### **•Approved Trainer by International Critical Incident Stress Foundation for Basic Group Interventions 2000 and for Peer Support / Crisis Intervention 2001**

### **•Member, National Association of Social Worker**

### **•Member, California Association of Marriage and Family Therapist**

### **•Member, International Society for Traumatic Stress Studies**

### **•Member, Association for Comprehensive Energy Psychology**

## **Community Service**

### **Member Board of Directors of the Association of Traumatic Stress Specialist Feb. 1996 -2006.**

Vice President 1999-2000      President 2000-2004

### **San Diego County Critical Incident Stress Management Team**

Team member- 1998- 2012

Member Board of Directors 2001- 2007

### **American Red Cross- San Diego and Imperial County Chapter**

Disaster Mental Specialist 1996- present

### **Past service:**

### **San Diego Victim Assistance Coordinating Counsel**

Member, Board of Directors

### **San Diego State University Extended Studies Certificate Program in Trauma and Trauma Recovery Services. Member Advisory Board and instructor**

### **Trauma Intervention Program (Tip)**

Active volunteer responding to requests by police and fire units  
March 1995 - March 1997.

### **Founding member of San Diego Mental Health Disaster Service Coalition**

1998 and participant through 2004.

### **Founding board member Association for Thought Field Therapy 2004**

## **Professional Service**

**Family Therapy Private Practice.** Emphasis of practice has been adolescents and their families, family of origin, sexual abuse, substance abuse, traumatic Stress Recovery using Thought Field Therapy.  
January 1986- Present

### **National Medical Disaster System, US Department of Health and Human Service**

CA-2 DMAT Disaster Medical Assistance Team, Deputy Team Leader, April 2009 - Present. Provide mental health services as CA3 Mental Health response Team. Deployed to hurricane Katrina- 2005 and hurricane Ivan 2004- Deputy Commander as of 2009

Callahan Techniques Thought Field Therapy Algorithm Trainer. Conducted over 50 two daylong workshops. Over 500 individuals have received certificates of completion for CTTFT Algorithms One and Two. January 1997 - Present.

**School of Social Work, San Diego State University.** Adjunct Associate professor.  
September 1996 - May 2009

**June 1992 - Oct. 1996** Group Facilitator for Navy Family Advocacy Program. Co-facilitating weekly spousal abuse group for men.

**February 1987 - April 1988** Group Facilitator for Parents United El Cajon Chapter. Co-therapist for 20 weeks of Women's Partners group, and 20 weeks of Perpetrator Men's group.

**July 1984 - December 1986.** Social Worker with Southwood Psychiatric Residential Treatment Center/ Hillcrest.

**October 1980 - March 1982.** Director of Project Oz-San Diego, a family crisis resolution program for adolescents.

**Spring Semester 1996 - Present. Adjunct Faculty, School of Social Work, San Diego State University.** Teaching one to two classes per semester.

January 1986 - Present. Family Therapy Private Practice. Providing individual, couple, and family counseling and therapy. Emphasis of practice has been adolescents and their families, family of origin, sexual abuse, substance abuse, trauma recovery, with experience in inpatient hospital and residential treatment.

**January 1998 - Present.** Faculty of International Critical Stress Incident Foundation. Providing Thought Field Therapy training at Foundation Conferences. An approved trainer for the Basic and Peer courses.

**June 1992 - Oct. 1996** Group Facilitator for Navy Family Advocacy Program. Co-facilitating weekly spouse abuse group for men, weekly spouse abuse group for couples, and/or weekly men's group for incest perpetrators. This program is part of a large NIMH-funded research project on the effectiveness of treatment approaches.

**February 1987 - April 1988.** Group Facilitator for Parents United El Cajon Chapter. Co-therapist for 20 weeks of Women's Partners group, and 20 weeks of Perpetrator Men's group. Also lead orientation lectures and groups. Participated in weekly group supervision.

**July 1984 - December 1986.** Social Worker with Southwood Psychiatric Residential Treatment Center/Hillcrest. Clinical responsibilities included weekly family therapy, intensive group therapy for adolescents, and management of multi-disciplinary treatment team. Also responsible for MSW and MFCC interns. During my two and one half years I provided over 1200 hours of individual, couples, and family counseling and, lead over 350 hours of on-going group therapy. I was given weekly individual supervision by my LCSW supervisor, weekly group supervision and regular in-service training by experts in their fields.

**July 1984 - January 1985.** Clinical CO-Coordinator for Pathways/Midcity. Provided direct individual, family, and group therapy for substance abuse clients. Shared responsibilities for recruitment, selection, training, and supervision of clinical staff.

**March 1983 - March 1986.** Instructor for UCSD First Conviction Program for Driving Under the Influence. Provided Didactic instruction to an average of 30 students per class and facilitated small groups designed to educate drivers to the danger of driving while impaired and assist individuals in altering their drinking/driving patterns.

**April 1983 - July 1983.** Social Worker II for Children's Home Society of California. Provided intake assessments and home studies of applicant adoptive parents. Also provided post-adoption counseling. (This was a three month Contract)

**September 1982 - March 1983.** Social Worker for Southern Indian Health Council, Inc. As the first professional social worker at the clinic, I provided individual, couple and family counseling; referral and casework services; program development; grant writing and staff supervision.

**October 1980 - March 1982.** Director of Project Oz-San Diego. Project Oz (San Diego YMCA Human Development Center) is a family crisis resolution program with a 12 bed residential facility for adolescents. Responsibilities included overall management of all phases of project operations such as staff selection, training, evaluation, program design and implementation, contract development and monitoring, interface with the community, budgeting, fund development, counseling and supervision of residential and family counselors.

**December 1979 - October 1980.** Older Children's Worker with the Adoptions Unit- Department of Social Services- County of San Diego. Provided direct case management and counseling services to unadoptable children and their foster-parents. Unadoptable was defined as over age three or having mental or physical problems. I was provided weekly individual supervision by my LCSW supervisor in addition to group supervision and regular in-service training.

**1975-1976** Wildland Fire Fighters with the Cleveland National Forest.

Two years part-time lifeguard at City of San Diego and Navy Recreational services in the early 1970's

**November, 2000.** International Society for Traumatic Stress Conference, San Antonio, TX.  
Poster Presentation with Monica Pignotti MSW, PhD. Heart Rate Variability in verifying treatment efficacy for Thought Field Therapy.

International Critical Incident Stress Foundation Training Completed; Basic, Advanced, Peer and Psych traumatology

**San Diego County** Court approved Psychotherapist Sept. 1989 thru July 1997  
Training Participant

**March 2014** Integrated Capstone Event (ICE(NDMS)) 8 hours PEMA Center for Domestic Preparedness Anniston, AL- Part of 5 day DMAT fundamentals training.

Callahan Techniques Optimal Health Feb. 9, 2014. Nov. 6, 2011, Nov. 9, 2008,

**Feb, 16, 2013** Military Cultural Competence on line course 1.25 hours

**Jan. 14, 2014** "the impact of Deployment and Combat Stress on Families and Children, Part 1- Families and Deployment" online 2.25 hours Relias Learning as required by Military One Source program

**Mar. 2 2013** "The Changing Face of Crisis and Disaster Mental Health Intervention" 8 hours online Weber State University/ ICISF

**Oct. 21, 2012** "Essential Skills in Comprehensive energy Psychology- Level 2 Training" Chicago IL. Lynn Mary Karjala and Stephanie Eldringhoff Association for Comprehensive Energy Psychology 12 hours

**May 21-25,2012** Integrated Medical, Public Health, Preparedness and Response Graining Summit, Nashville, TN ASPR – NDMS

**Oct. 11, 2012** :Victim and Family Assistance in the Wake of Mas Disasters: Training for Behavioral Health Professionals" online 3 hours Crisis Care Network.

**Mar. 12 2011** The "Arrive Already Loved" Workshop by Marih Fenton Gladis and Leslie Fadem 10 hours.

**June 3-6, 2010** Association for Comprehensive Energy Psychology Annual Conference San Diego CA 15.75 hours

**Nov. 8-15, 2008** "Golden Guardian 2008- Mobile Field Hospital Training" California Emergency Medical Services Authority – March Air Reserve Base – Riverside California

### **Presentations**

June 1, 2014 "Emotional, relational, moral, and spiritual forgiveness using TFT and EP" 2hours workshop at 16<sup>th</sup> annual ACEP international Energy psychology conference, phoenix AZ

June 2012 "Who Has to Believe What to be Better? Beliefs and Intention in EP Explored and Expanded" 2 hours workshop at Association for Comprehensive Energy Psychology 14<sup>th</sup> annual conference San Diego CA

June 2011 "What do you Say in Response to "I Did the Technique , But I am not completely Healed?" 1.75 hour workshop in Association for Comprehensive Energy Psychology 13<sup>th</sup> annual International Conference, Reston VA 18 CEU's